



## ***PARENT INFORMATION***

### ***Playgroup age 0-4***

#### **A WALDORF PLAYGROUP- WHAT DOES THIS MEAN?**

Our aim is to create a peaceful haven for a child's development to naturally unfold and where both parents and child can experience the joy of meaningful connections. Guided by the indications of Rudolf Steiner the adults can carry a child with some kind of reverence and protect the young child's sensitivity. It is the work of the playgroup facilitator and parents to create this environment for the child while also balancing the needs of the adults.

**PLAYGROUP TIMES - Pygmy Possums Playgroup - Thursday 9.30 am – 11.30am Age 0-4**

**Pygmy Possums Playgroup - Friday 9.30 am – 11.30am Age 0-4**

Although our playgroup program commences at **9.30am**, we encourage families to come as early as **9.15am** to give the children time to ease into the morning.

**THE PLAYGROUP RHYTHM-** The playgroup program is held in a gentle rhythm, led by our playgroup facilitator. Each session will have a regular routine that will include inside and outside play, singing and story time. Simple natural toys to nourish the child's imagination, touch and creativity are enjoyed as well as morning tea. During our first playgroup session we will discuss the rhythm and you will be provided with a printed handout detailing the flow so that you can help to guide your child through the rhythm along with the group.

**INSIDE TIME** - What we have found that works for both parents and the child, is for the adults to carry a mindfulness in the playgroup room which, with up to 10 adults and 10 children, can potentially be very busy and noisy. Please enter the room with the awareness one has when entering a space with a young baby sleeping. Quieten your voice, slow down your movements and be mindful of your conversation. Quiet thoughtful conversations are for inside the playgroup room and more engaging but still mindful conversations are best left for outside.

**PARENT INVOLVEMENT** - In all playgroups, parental involvement in the flow of the rhythm is required, to support the facilitators, and our children to have a wonderful deep experience of the morning. Parent involvement in the playgroup community is essential to the children and to the flow of this important picture we hold for everyone through our Fleurieu Waldorf Initiative.

**MOBILE PHONES** - We ask all parents, carers and visitors to keep their mobile phones on silent during playgroup sessions and that if calls need to be taken it is carried out with discretion, away from the group.

**WHAT TO BRING** - To each playgroup session, please bring along:

- Piece of Fresh fruit
- Your child's own water container
- A hat for sunny days
- Warm outside clothing/boots for wintry or wet days
- Slippers or socks for inside time
- Dry clothes for water play

**PLAYGROUP LOCATION - Google Maps Cameron Street, Port Elliot.**

Our new playgroup home is part of a property backing onto the Waterport Heritage Reserve Port Elliot.

Drive to the end of Cameron Street and continue to the Port Elliot Dog Park. You may Park at the Dog Park and walk East over the reserve towards the back of housing lined with Trees. This is around 150m walk, take your time. You will know you have arrived at the playgroup when you see Children's equipment in the yard. Please enter the wooden Gate with hessian flags leading into the playgroup garden. We look forward to welcoming you.

**PLAYGROUP FEES** - When your child is offered a place in the playgroup a term fee will apply. This is paid up front.

**TERM INVESTMENT:**

PLAYGROUP AGES 0-4 Thursday or Friday mornings from 9:30-11:30	CHILD	SIBLINGS				
		Sibling 1	Sibling 2	Sibling 3	Sibling 4	0-6 months
THURSDAYS (9 sessions)	207 \$23/session	126 \$14/session	108 \$12/session	90 \$10/session	63 \$7/session	FREE
FRIDAYS (9 sessions)	207 \$23/session	126 \$14/session	108 \$12/session	90 \$10/session	63 \$7/session	FREE

If you would like to be considered for a place in the playgroup, please complete the online registration of interest form. <https://www.waldorf-fleurieu.com/playgroup>

*Warm Regards*

*Pygmy Possum Playgroup Committee*

*Fleurieu Waldorf Education Association*

[www.waldorf-fleurieu.com](http://www.waldorf-fleurieu.com)